

Shock Rescue Procedures

In response to an electrical accident, follow these procedures immediately:

- Call for help (can't be handled by one person) and follow the emergency response system as set forth in the safety procedures of each organization.
- Get the approved first-aid supplies (these should be easily accessible when required).
- Deenergize the circuit.
- Separate the person from the energy source.
 - Make sure you and the victim are in a safe zone - not in contact with any electrical source, away from downed or broken wires.
 - Never grab the person or pull the person off the current with your hands; you might become part of the circuit and become injured as well.
 - Use a dry wood broom, leather belt, plastic rope or something similar that is non-conductive such as wood or plastic cane with hook on the end to free the person from the energy source
 - Administer first aid2apply mouth-to-mouth resuscitation and/or CPR; know what to do
 - Keep the victim lying down, warm and comfortable to maintain body heat until help arrives. Do not move the person in case of injury to neck or back.
 - If the victim is unconscious, put him/her on side to let fluids drain.
 - Make sure the victim receives professional medical attention (person shocked could have heart failure hours later)

Burn victim first-aid steps:

- If the person's clothing is on fire, roll the person on the ground to smother the flames.
- Cool the burn with water or saline for a few minutes or until the skin returns to normal temperature. Do not attempt to remove clothing that is stuck to a burn.
- Remove constricting items from the victim, such as shoes, belts, jewelry and tight collars. They could continue to burn or cut off circulation if the victim experiences swelling.
- Check the victim's breathing and heartbeat. Apply mouth-to-mouth resuscitation and/or CPR if necessary.
- Keep victim warm and comfortable by covering him/her with clean, dry sheets or blankets.
- Cover wounds with clean sheets and dry blankets.
- Elevate burned areas to reduce swelling.